

INTRODUCTION TO CLINICAL & COUNSELING PSYCHOLOGY

PSYC 2803, CRN 34916, Spring 2025

Instructor: David Winograd

Email: dw234@gatech.edu

Office Hours: Tuesdays 8:30-9:30am

Office Hours Zoom:

Lecture: Tuesday / Thursday 9:30-10:45am or by appointment

Lecture Zoom: <https://gatech.zoom.us/j/93752801287?pwd=ZofrnBbeDlkSCcTlJCade03rVvnu2H.1>

Graduate Teaching Assistant: Alina Tran

Email: atran362@gatech.edu

Office Hours: Wednesdays 2:00-3:00pm

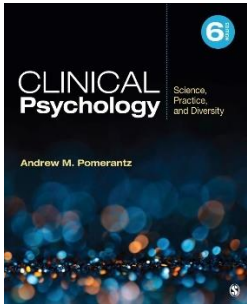
Office Hours Zoom: <https://gatech.zoom.us/j/96129089319?pwd=7nwcMeQfMmrv2lObFPib4LFk69X0lb.1>

Textbook:

Pomerantz, A. M. (2024).

Clinical psychology: Science, practice, and diversity (6th ed.). Los Angeles: Sage.

ISBN: 9781071851975



Welcome to the class! Over the course of the semester, we will be learning many things related to clinical and counseling psychology and the broader field of clinical practice in mental health. It is my hope that you will be challenged and intrigued throughout this course and that you will **always feel free to ask questions and share your thoughts**. This course provides an introduction to professional issues and activities in the fields of counseling and clinical psychology, and concepts regarding assessment and therapeutic interactions.

EXPECTED LEARNING OUTCOMES

Upon completion of this course, you should be able to:

- Demonstrate a rich understanding of clinical and counseling psychology, including graduate training and clinical practice within the broader field of psychology
- Articulate and analyze professional issues, activities, and training of counseling and clinical psychologists and other mental health professionals
- Explain the purpose and components of the clinical interview and other common assessment practices, including intelligence, personality, and behavioral assessment
- Describe and critique current issues in psychotherapy, demonstrate knowledge of commonly used theoretical orientations, and compare these practices
- Students will demonstrate knowledge of sub-areas of clinical practice, including family therapies, clinical child psychology, health psychology, forensic psychology, and positive psychology.

HOW TO SUCCEED IN THIS CLASS

Step 1 - Come to class and pay attention: A significant portion of your grade is based on learning experiences and assignments that happen in the classroom (things like in class activities), so it is imperative that you regularly come to class. Also, performance on exams is strongly correlated with consistent attendance and engagement during class. Not to mention, you might actually learn something interesting and useful!

Step 2 – Do the readings before class: While I understand it can be rare for students to do assigned readings prior to class (or at all), I can't emphasize enough how much this will help you learn (and do well) in this class. We will be covering a broad range of topics and substantial amount of content. Doing the assigned readings will help you, stay on track and learn the material, improve your performance on quizzes, have less cramming to do before the exams, and improve your performance on exams.

Step 3 – Come to office hours or schedule an appointment: Your TA and I are happy to meet with you and discuss the content or anything else related to the class, or your general interest in psychology/career goals and questions you have. Your TA and I are here as a resource for you, but I can't force you to take advantage of that. Office hours can be especially helpful if you missed a class, are feeling confused about a topic, or have a question about the exam review.

Step 4 – Life happens, keep me informed: If you have something going on in your life that is preventing you from doing steps 1-3, let me know EARLIER RATHER THAN LATER. There is a lot more that can be done to help you succeed if you come to me when the problem starts rather than weeks after you have been struggling.

ASSIGNMENTS AND FINAL GRADE CALCULATIONS

Assignment	How Many?	Points	Possible Points (% of final grade)
Exams	4	100	400 (40%)
Chapter Quizzes	11 (grade based on completion of 10)	20	200 (20%)
Discussion Boards via VoiceThread	5	30	150 (15%)
In Class Participation	-	-	150 (15%)
Section Reflections	4	25	100 (10%)
TOTAL POSSIBLE POINTS			1000

Grade	Lowest Points	Highest Points
A	895	1000
B	795	894
C	695	794
D	595	694
F	0	594

Note: This grading scale already incorporates rounding. No exceptions will be made for further rounding

4 Exams – 400 points (40% of final grade)

There will be **4 in-class exams** during the semester. Each exam will be worth 100 points (10% of your final grade) and each exam will consist of 50 questions. Exams will consist of primarily multiple-choice questions and some short answer questions, and will cover material from lectures, the assigned readings, and class activities. Exams, including the final exam, will **NOT** be cumulative. No late submissions will be accepted.

- Exams will be hosted via the Honorlock digital proctoring system with Browser Guard. Honorlock is utilized for student identity verification and to ensure academic integrity. This system requires students to have access to a webcam, microphone, and reliable Internet connection with Chrome browser (I do not recommend GT VPN). You will need to use your camera to scan all four walls of your room, as well as your workspace, desk, and area around

your computer to confirm the integrity of the testing environment. The exam environment should be well-lit and free from distractions and interruptions. Honorlock will record exam sessions through your webcam, microphone, and recording your screen. Honorlock reports will be reviewed after each exam. Additional details will be provided in advance of the first exam.

- The work on all exams must be your OWN work, that is, they are not to be completed with the help or aid of others or outside materials. See <http://www.catalog.gatech.edu/policies/honor-code/> or <http://www.catalog.gatech.edu/rules/18/> for information on Georgia Tech's Academic Honor Code.

11 Chapter Quizzes – 200 points (20% of final grade)

There will be 11 chapter quizzes worth 15 points (1.5% of your final grade) each and your grade will be based on completion of 10 quizzes. Note, if you complete all 11, then your grade on the 11th quiz will count as extra credit (up to 1.5% of your final grade). The chapter quizzes will be roughly 10 multiple choice/true false questions. You will have 1 attempt to complete each quiz and will be given 10 minutes for completion.

5 Discussion Boards via VoiceThread – 150 points (15% of final grade)

You will have 5 discussion boards via VoiceThread worth 30 points (3% of your final grade). You will be required to create one original post (video) and have two responses to peers (video or text). Rubrics and further details will be provided on your Canvas page.

In Class Participation – 150 points (15% of final grade)

Attendance is expected for our course. To further encourage active learning and ensure your understanding of the material, a series of unannounced in-class activities will be administered throughout the semester. Some activities will be completed individually, whereas others will be completed in a group via Zoom breakout rooms. Activities will be given at different points during class time (beginning, middle, or end), so it is important that you arrive to class on time and stay for the entire duration of the class. This should encourage you to attend class on time, keep up with your readings and assignments, and engage in class discussion.

- **Credit for in-class activities:** Credit for in-class activities will be based on your individual contribution to the in-class activity and the accuracy of your responses. Although I cannot predict how many activities will be given over the course of the semester, you may miss 1 activity (only 1 activity!) without any penalty to your grade.

4 Section Reflections – 100 points (10% of final grade)

You will have 4 section reflection papers worth 25 points each (2.5% of final grade). These are *low stakes* writing assignments that will be due before each Exam. You will be provided with a list of prompts and will be required to write a brief reflection (250-500 words maximum) on your learning experience during that section. Reflecting on what you've should also help you as you prepare for your exams.

COURSE POLICIES

Attendance: It is expected that students arrive on time and stay until the class session has ended. Historically, there has been a strong correlation in this course between class attendance and performance. Zoom lectures will not be recorded, so if you must miss class, it is your responsibility to obtain missed course materials. You can also meet with me or one of your TAs outside of class time to discuss any questions or concerns or review material from a missed class.

Institute Approved Absences: This absence is usually for a GT event (conference, sports event, etc). You must submit this form at least 5 days prior to the absence and get me the approval ASAP: <https://registrar.gatech.edu/info/institute-approved-absence-form-for-students>

Personal Emergencies: Students may need to miss classes due to personal emergencies such as being hospitalized or being in a car accident. The Office of the Vice President and Dean of Students can assist students with documented emergencies by contacting professors on behalf of the student. For more information, please call the Office of the Vice President and Dean of Students or complete this form: https://cm.maxient.com/reportingform.php?GeorgiaTech=&layout_id=3

Religious Holidays: Please contact the Instructor ASAP to reschedule missed work.

Illness: If you are sick, you are responsible to get class notes from a student in class. Because all in-class participation is synchronously, there is no way for you to makeup this collaboration later. Luckily, one of these in-class participation activities is dropped from your grade without penalty.

Evidence of your requested approval letters from either the Registrar or the Deans Office must be in my inbox on the same day or earlier of the assignment/class due date. Once the approval is granted, missed work must be made up within 5 business days of the date on the approved documentation.

Late/Missing Assignments:

ALL assignments must be submitted by the due date. No late assignments will be accepted for Exams, Chapter Quizzes, Discussion posts, In-Class Activities, or Section Reflections without an Institute Approved Absence or official letter from the Dean of Students.

Accommodations for individuals with Disabilities: If you are a student with learning needs that require special accommodation, contact the Office of Disability Services at 404.894.2563 or their website [here](#), as soon as possible, to discuss your needs and to obtain an accommodations letter. Then, make an appointment with me as soon as possible to discuss your learning needs.

Academic Integrity: Georgia Tech aims to cultivate a community based on trust, academic integrity, and honor. Students are expected to act according to the highest ethical standards. All course assignments must be your own writing and must not be assignments that you have submitted in previous assignments in other courses (i.e., do not self-plagiarize). Using someone else's words or ideas without giving credit is plagiarism. Any student suspected of cheating or plagiarizing on a quiz, exam, or assignment will be reported to the Office of Student Integrity, who will investigate the incident and identify the appropriate penalty for violations. See <http://www.catalog.gatech.edu/policies/honor-code/> or <http://www.catalog.gatech.edu/rules/18/> for information on Georgia Tech's Academic Honor Code.

Tentative Course Schedule – Spring 2025

<u>Day</u>	<u>Date</u>	<u>Topic</u>	<u>Reading</u>	<u>Assignment</u>
T	Jan 7	Introduction and first day of class		
Th	Jan 9	Counseling and Clinical Psychology	Ch 1 + 2	
T	Jan 14	Graduate Training	Ch 1 + Canvas reading	Ch 1 Quiz due @ 9:30am
Th	Jan 16	Graduate Training	Ch 1 + Canvas reading	Discussion 1 due @ 11:59pm
T	Jan 21	Current Issues	Ch 3	Ch 3 Quiz due @ 9:30am
Th	Jan 23	Cultural Issues	Ch 4	Discussion 2 due @ 11:59pm
T	Jan 28	Ethical Issues	Ch 5	Ch 5 Quiz due @ 9:30am
Th	Jan 30	Exam 1		Section Reflection 1 due @ 9:30am Exam 1
T	Feb 4	Diagnosis & Classification Issues	Ch 7	Chapter 7 Quiz Due @ 9:30am
Th	Feb 6	The Clinical Interview	Ch 8	
T	Feb 11	Intelligence + Neuropsych Assessment	Ch 9	Chapter 9 Quiz Due @ 9:30am
Th	Feb 13	Intelligence + Neuropsych Assessment	Ch 9	Discussion 3 due @ 11:59pm
T	Feb 18	Personality + Behavioral Assessment	Ch 10	Chapter 10 Quiz Due @ 9:30am
Th	Feb 20	Personality + Behavioral Assessment	Ch 10	
T	Feb 25	Exam 2		Section Reflection 2 due @ 9:30am Exam 2
Th	Feb 27	General Issues in Psychotherapy	Ch 11	
T	Mar 4	General Issues in Psychotherapy	Ch 11	Chapter 11 Quiz due @ 9:30am
Th	Mar 6	Psychodynamic Psychotherapy	Ch 12	Discussion 4 due @ 11:59pm
T	Mar 11	Humanistic Psychotherapy	Ch 13	Chapter 13 Quiz due @ 9:30am
Th	Mar 13	Behavior Therapy	Ch 14	
T	Mar 18	No Class: Spring Break		
Th	Mar 20	No Class: Spring Break		
T	Mar 25	Cognitive Therapy and Mindfulness Based Therapies	Ch 15	Chapter 15 Quiz due @ 9:30am
Th	Mar 27	Cognitive Therapy and Mindfulness Based Therapies	Ch 15	
T	Apr 1	Exam 3		Section Reflection 3 due @ 9:30am Exam 3
Th	Apr 3	Group and Family Therapy	Ch 16	
T	Apr 8	Group and Family Therapy	Ch 16	Chapter 16 Quiz due @ 9:30am
Th	Apr 10	Clinical Child and Adolescent Psychology	Ch 17	Discussion 5 due @ 11:59pm
T	Apr 15	Health Psychology	Ch 18	Chapter 18 Quiz due @ 9:30am
Th	Apr 17	Forensic Psychology	Ch 19	
T	April 22	Positive Psychology	No reading!	Section Reflection 4 due @ 9:30am
Th	May 1	Exam 4		Exam 4 @ 9:30am

This syllabus is subject to change at the instructor's discretion.

Campus Resources for Students

In your time at Georgia Tech, you may find yourself in need of support. Below you will find some resources to support you both as a student and as a person.

Academic Support

- Center for Academic Success: success.gatech.edu
 - 1-to-1 tutoring
 - Peer-Led Undergraduate Study (PLUS)
 - Academic coaching
- Residence Life's Learning Assistance Program: [Learning Assistance Program](https://learningassistance.gatech.edu)
 - Drop-in tutoring for many 1000-level courses
- OMED: Educational Services: omed.gatech.edu/programs/academic-support
 - Group study sessions and tutoring programs
- Communication Center: communicationcenter.gatech.edu
 - Individualized help with writing and multimedia projects
- Academic Advisors for Your Major: advising.gatech.edu

Personal Support

- The Office of the Dean of Students: studentlife.gatech.edu/content/services; 404-894-6367; Smithgall Student Services Building, 2nd floor
 - Request assistance: studentlife.gatech.edu/request-assistance
- CMHCR (Center for Mental Health Care and Resources): <https://mentalhealth.gatech.edu/>; 404-894-2575; Smithgall Student Services Building, 2nd floor
 - Services include short-term individual counseling, group counseling, couples counseling, testing and assessment, referral services, and crisis intervention. Their website also includes links to state and national resources.
 - Students in crisis may walk in during business hours (8am-5pm, Monday through Friday) or contact the counselor on call after hours at 404-894-3575.
- Stamps Health Services: health.gatech.edu; 404-894-1420
 - Services include primary care, pharmacy, women's health, psychiatry, immunization and allergy,